

**PLEASE RETURN TO SCHOOL NURSE**

**SCHOOL GUIDELINES FOR THE STUDENT WITH SEIZURES**

Student Name \_\_\_\_\_ DOB \_\_\_\_\_ Date \_\_\_\_\_  
School \_\_\_\_\_ Grade \_\_\_\_\_ Teacher/Team \_\_\_\_\_

Parent Name \_\_\_\_\_ Phone \_\_\_\_\_  
In case of emergency and parents cannot be contacted, please call:  
Name \_\_\_\_\_ Phone \_\_\_\_\_

**SEIZURE INFORMATION**

Type of seizures \_\_\_\_\_ Last Known Seizure \_\_\_\_\_ Frequency \_\_\_\_\_

Please list triggers and symptoms to watch for symptoms of child's seizure:

**Symptoms to Watch For:**

- |                           |   |   |
|---------------------------|---|---|
| *Slumping to floor        | *Interruption of consciousness, confusion and dizziness | *Loss of bowel/bladder function               |
| *Chewing or lip smacking  | *Sporadic breathing                                     | *Repetitive hand/arm movements                |
| *Muscle jerking/stiffness |   | *Day dreaming, twitching, or facial movements |

**Medications: (Home and School)**

1. Drug \_\_\_\_\_ Dose \_\_\_\_\_ Time \_\_\_\_\_
2. Drug \_\_\_\_\_ Dose \_\_\_\_\_ Time \_\_\_\_\_

Additional Information: \_\_\_\_\_

**At first signs of these symptoms please follow these instructions:**

**SEIZURE FIRST AID**

- Alert code blue team and notify parents
- Keep calm, provide reassurance, remove bystanders
- Keep airway clear, turn onside if possible, nothing to be inserted in mouth
- Keep safe, remove objects, do not restrain
- Time, observe & record events
- Stay with student until recovered from seizure

**CALL 911 IF THE FOLLOWING APPLIES:**

- Generalized seizure
- Two or more seizures without recovering between seizures
- If Diastat is administered
- Injury occurs or is suspected, or seizure occurs in water
- Breathing and/or heart rate is compromised

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_  
School Nurse \_\_\_\_\_ Date \_\_\_\_\_

**FOR SCHOOL NURSE USE ONLY**

Is Vagal Nerve Stimulator used for emergencies? YES/NO

Staff assigned to VNS: \_\_\_\_\_

Location of Magnet: \_\_\_\_\_

Is Diastat used for emergencies? YES/NO

Diastat Stored: \_\_\_\_\_

Staff Trained for Diastat: \_\_\_\_\_