

2009 CROSS COUNTRY

SEPTEMBER

08-22-2009	BOBCAT CLASSIC (BUCKHANNON) LEAVE RCB AT 7:00AM
08-29-2009	KNIGHT NIGHT RELAYS (PRESTON COUNTY) LEAVE RCB 4:00PM
09-05-2009	CHICK-FIL-A INVITE (MINERAL WELLS) LEAVE RCB 6:45AM
09-09-2009	TAYLOR COUNTY INVITE, LEAVE WIMS 2:45PM
09-19-2009	MOUNTAIN TOP COMBO. (PRESTON COUNTY) LEAVE RCB 6:45AM
09-29-2009	DOWN ON THE FARM MIDDLE SCHOOL INVITE (TUNNELTON-DENVER ELEMENTARY, LEAVE WIMS 1:45PM

OCTOBER

10-03-2009	MOUNTAINEER MS INVITE, MEET LIBERTY HS 8:30AM
10-10-2009	TIME INVITE (APPLE VALLEY GOLF COURSE) TBD
10-13-2009	DODDRIDGE COUNTY MIDDLE SCHOOL INVITE (DODDRIDGE COUNTY PARK) TBD
10-17-2009	WIMS LAST CALL. TBD
10-20-2009	HARRISON COUNTY MIDDLE SCHOOL CHAMPIONSHIP. TBD

PLEASE MAKE SURE THAT YOUR ATHLETE HAS ALL THE NECESSARY EQUIPMENT WITH THEM FOR THE CROSS COUNTRY MEET.